

# ULTIMATE MARTIAL ARTS

Head Instructors

Brazilian Black Belts Klint Klaas

School Directors Shelley Furlong / Liesl Staab

BRAZILIAN JIU JITSU

Woodbury School Schedule

Feb 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Ultimate Martial Arts &amp; Fitness</p>					
					11:00am SuperKids Fundamentals
6:00pm SuperKids Fundamentals		5:15pm SuperKids Fundamentals			12:00pm Adult Jiu-Jitsu
7:00pm Adult Jiu-Jitsu		6:15pm Adult Jiu-Jitsu			

- SuperKids Jiu-Jitsu      Ages 6-10
- Teen Jiu-Jitsu            Ages 11-16
- Adult Jiu-Jitsu            Ages 17 and up



Woodbury 651-998-0960