

Ultimate Martial Arts Stillwater

Juniors Schedule

Instructors - Master Jonathan Ranch & Jake Fliss

Director - Kate Allen

Stillwater 651-439-0093 www.UMAmn.com

Effective Sept 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:30am Super Kids			Graduation Day 1st Friday of the Month Super Kids 4:30pm Juniors 5:00pm Adults 6:00pm Presenters 6:00pm	
4:00pm Black Belts	4:00pm Red Belts Brown Belts	4:00pm Gold Belts Green Belts	4:00pm No/ White Belts		
4:30pm Gold Belts Green Belts	4:30pm No/ White Belts	4:30pm Purple Belts Blue Belts	4:30pm Red Belts Brown Belts	4:00 Purple Belts Blue Belts	9:30am Super Kids
5:00pm Purple Belts Blue Belts	5:00pm Gold Belts Green Belts	5:00pm No/ White Belts	5:00pm Purple Belts Blue Belts	4:30pm Gold Belts Green Belts	10:00am No/ White Belts Gold Belts
5:30pm Red Belts Brown Belts	5:30pm Purple Belts Blue Belts	5:30pm Red Belts Brown Belts	5:30pm Gold Belts Green Belts	5:00pm No/ White Belts	10:30am Juniors Weapons Green/ Above
6:00pm No/ White Belts Super Kids	6:00pm Black Belts Super Kids	6:00pm Juniors Sparring Green/ Above	6:00pm Black Belts Super Kids	5:30pm Red/Brn/Blk Forms	11:00am Juniors Sparring Green/ Above
6:30pm Juniors Forms Red/ Above *Enrichment Only*	6:30pm Super Kids	6:30pm Pretest/ Black Belts Invite Only	6:30pm Super Kids	6:15pm Pretest Invite Only	11:30am Juniors Flips Green/ Above
7:00pm No/ White/ Adults	7:00pm Stillwater Strikers *Competition Team*	7:00pm No/ White/ Adults	7:00pm No/ White/ Adults	7:00pm All Adults Forms/ Weapons	12:15pm All Belts Teens/ Adults
7:15pm Green/ Above Adults *Pads Class*	7:45pm Green/ Above Adults	7:30pm Green/ Above Adults	7:15pm Green/ Above Adults Sparring		1:00pm Teens Flips Green/ Above
	8:30pm No/ White/ Adults				



Brazilian Black Belt Jeremy Anderson

Brazilian Brown Belt Jonathan Ranch

School Directors: Kate Allen

BRAZILIAN JIU JITSU

Stillwater 651-439 0093

Effective September 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					
6:30pm Junior Jiu-Jitsu FUNdamentals	6:30pm Junior Jiu-Jitsu FUNdamentals		6:30pm Junior Jiu-Jitsu FUNdamentals		11:30am Junior Jiu-Jitsu FUNdamentals
7:45pm Adult Jiu-Jitsu	7:30pm Adult Jiu-Jitsu	7:30pm Adult Jiu-Jitsu	8:00pm Adult Jiu-Jitsu (No-Gi)		12:00pm Adult Jiu-Jitsu

Head Instructors

Brazilian Black Belt Jeremy Anderson

Mr. Jon Ranch

School Directors: **Kate Allen**

ULTIMATE MARTIAL ARTS

World Jiu-Jitsu Systems

Stillwater School Schedule 651-

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			
6:30pm Junior Jiu-Jitsu Fundamentals	6:30pm Junior Jiu-Jitsu Fundamentals		6:30pm Junior Jiu-Jitsu Fundamentals
8:00pm Adult Jiu-Jitsu	8:00pm Adult Jiu-Jitsu	7:45pm Adult Jiu-Jitsu	8:00pm Adult Jiu-Jitsu

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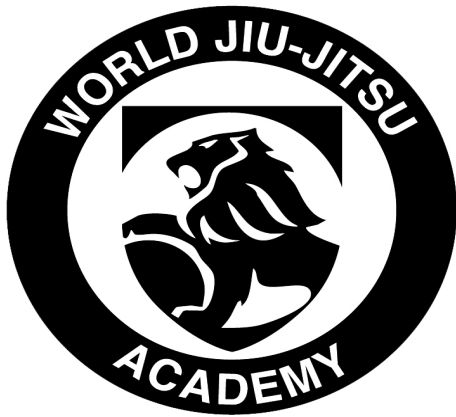
BRAZILIAN JIU JITSU

439 0093

June 2015

FRIDAY

SATURDAY



	12:00pm Junior Jiu-Jitsu Fundamentals
	1:15pm Adult Jiu-Jitsu

