

SUMMER PROGRAMS

Price

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| ☐ <u>Intro To Martial Arts</u> | \$250.00 |
| ☐ <u>Weapons/ Weapons Design
Bo & Sword</u> | \$190.00 |
| ☐ <u>SuperHero Training</u> | \$175.00 |
| ☐ <u>SuperKids Preschool</u> | \$150.00 |
| ☐ <u>Little Ninjas</u> | \$150.00 |

**New - Design A Weapon At Weapon Design
Camp! **** Become A SuperHero at SuperHero
Training Camp!!**

\$10 Discount Per Camp If Do-
ing Multiple Camps Or If Mul-
tiple Family Members

Subtotal:

Discount:

Total:

Student
Name

Parent
Signature

Camp Date _____

Ultimate Martial Arts Lake-
ville 20137 Idealic Ave Lake-
ville MN 55044



**All Campers Will Receive A Special UMA
Summer Camp T-Shirt**

**Daily Snack and Drink Will Be Provided
To Campers**



**SUMMER CAMPS
2013**

UMA Lakeville



Ultimate Martial Arts

**Thousands Of Children Have The Potential
to Succeed in
School and in Life, But Some Never Discover It....
Don't let Your Child Be One of Them.**

www.UMAmn.com

All 4 Day Camps are 2 1/2 hours in length from 11:30pm-2:00pm Mondays Thru Thursdays with a 30 Minute Snack Break

Intro To Martial Arts UMA Karate

Summer Program: This 12 week summer program will introduce new students to the thrill of Martial Arts. This class will emphasize the basic development of the child’s physical, emotional and mental well-being through the integration of physical education, self-defense and general martial arts concepts. Students will receive a new Martial Arts uniform and can attend any of our beginner classes up to 3 times per week.

Dates

June 3rd
Thru
Sept 1st

See School
Schedule For
Class Times

SuperHero Training: Campers can dress daily as their favorite Superhero or create a New Superhero from our costume supplies! Students will spend time learning basic tumbling skills, basic weapons skills and advanced Martial Arts Superhero skills. Camp will have Superhero themed games, crafts, snacks and activities each day. Each day campers will create an obstacle course, learn to fly and then test their agility as they brave and attempt to master the Xtreme Superhero obstacle course! Campers will be able to create their own superhero comic book with pictures and story to

Dates

August 26-
29

Weapons/ Weapons Design: This camp will allow students at beginning and advanced weapons levels to learn more about a variety of Martial Arts weapons. Students will have the opportunity to work with Bo staff & Chux in camp. Students not only learn more about how to properly use each weapon, but they will also learn about the origin and history of each weapon. **Includes Graphite Bo and wooden bokken (sword) for students to decorate and design. Paint, Grip Tape and Flashy Tape provided to campers!**

Dates

July 8th-
11th

SuperKids Preschool: This camp is for current or new martial arts preschoolers focusing on developing social skills, listening skills, balance, coordination and learning a appreciation for the Martial Arts. Campers will spend time learning basic tumbling skills, play preschool games and activities, brave the obstacle course and make fun crafts! Campers will get to finish the day with a fun Arts and Craft activity! **Limited space available.**

Dates

July 15th—
18th

Little Ninjas: This camp for current martial arts students focuses on developing more advanced Martial Arts techniques. Students will spend time learning basic tumbling skills, basic weapons skills and advanced Martial Arts skills. Each day campers will first create a obstacle course, or self defense and then test their agility as they brave and attempt to master the Xtreme Ninja obstacle course!

Dates

June 17th—20
And
August 12th-
15th

Camp Name_____

Camp Date_____

General Student Information:

Student Name:_____

Date of Birth: _____Age: _____

Street Address:

City, State, Zip:

Telephone #:_____

E-mail: _____

Parents’ Full Names:

Mom’s Cell Phone #:_____

Dad’s Cell Phone # _____

Emergency Contact Phone #:

Medical Conditions or Allergies: