



ULTIMATE MARTIAL ARTS WOODBURY SCHEDULE • Effective February 3, 2017

Head Instructor: Mr. JD Norman

Assistant Instructors: Ms. Taylor del Moral, Ms. Summer Simmon,

Office Manager: Ms. Robin Olson

Mr. Eric Howard, Mr. Elliot Woolley, Mr. Roger Nhan

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	11:00 AM All Belts Adults		11:00 AM All Belts Adults	GRADUATION DAY Graduation is on the last Friday of the month Look at the Graduation Board for times All classes are canceled on this day *extra gear required **by invitation only	
4:00 PM Gold/Green Juniors	4:00 PM No Belt/White Juniors	4:00 PM Red/Adv. Red Juniors	4:00 PM Purple/Adv. Purple Juniors	4:00 PM Green & Above Junior Sparring*	9:00 AM No Belt/White/Gold Juniors
4:30 PM No Belt/White Juniors	4:30 PM Gold/Green Juniors	4:30 PM Purple/Adv. Purple Juniors	4:30 PM Blue/Adv. Blue Juniors	4:30 PM Red & Above Juniors	9:30 AM Green & Above Extreme Martial Arts
5:00 PM Blue/Adv. Blue Juniors	5:00 PM Brown & Above Juniors	5:00 PM No Belt/White Juniors	5:00 PM Gold/Green Juniors	5:00 PM Purple/Blue Juniors	9:30 AM Superkids
5:30 PM Red/Adv. Red Juniors	5:30 PM Blue/Adv. Blue Juniors	5:30 PM Gold/Green Juniors	5:30 PM Brown & Above Juniors	5:30 PM No Belt/White Juniors	10:00 AM Green & Above All Ages Sparring*
6:00 PM Brown & Above Juniors	6:00 PM Purple/Adv. Purple Juniors	6:00 PM Blue/Adv. Blue Juniors	6:00 PM Red/Adv. Red Juniors	6:00 PM Red & Above Pre-Test Class**	10:30 AM Team Form *invite only*
Superkids	Superkids		Superkids		
6:30 PM Purple/Adv. Purple Juniors	6:30 PM Red/Adv. Red Juniors	6:30 PM Brown/Adv. Brown Juniors	6:30 PM No Belt/White Juniors	6:00 PM Gold/Green Juniors	11:15 AM Red & Above Pre-Test Class**
Superkids	Superkids		Superkids		
7:00 PM Jiu Jitsu All Ages	7:00 PM Green & Above All Ages Sparring*	7:00 PM Black Belts All Ages	7:00 PM White-Adv. Purple Adults	6:30 PM All Belts Adults	11:45 AM All Belts Adults
7:45 PM White-Adv. Purple Adults	7:45 PM All Belts Adults	7:45 PM Jiu Jitsu All Ages	7:45 PM Blue & Above Adults		12:15 PM Jiu Jitsu All Ages
8:30 PM Blue & Above Adults		8:30 PM Green & Above Adult Sparring*	8:30 PM Jiu Jitsu All Ages		