

School Directors

Todd & Heidi Jones

Super Kid Instructor

Ms. LeeAnne Elhers

Ultimate Martial Arts Hudson



Head Instructor

Master Joseph Long

Assistant Instructors:

Mr. Riley Jones, Ms. Rayna Larsen

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Start date: 10/8/2018

Age Groups: Juniors are 5 to 12 yrs Adults are 13 years and up		Graduation Day: Third Friday of the Month See graduation board for times, NO regular classes on this day			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Curriculum			Theme		Curriculum
Private Lessons appointment only					
4:30 SuperKids (3 & 4 years old)	4:30 Blue & Red juniors	4:30 White Juniors	4:30 Basic Juniors	4:30 Adv. & Elite All Belts	9:00 All belts Adults
5:00pm Gold, & Green Juniors	Free intro 5:00 5:15 Purple Juniors	5:00pm Red & above Juniors	5:00pm Adv. Juniors	5:00pm WEAPONS Adv. & Elite	9:50 Adv. & Elite Adult sparring
5:30pm White Juniors	5:45 White & Gold Juniors	5:30pm Gold & Green Juniors	Free intro 5:30 5:40pm Adv. & Elite Junior sparring	5:30pm TRICKING Adv. & Elite	10:30am SuperKids (3 & 4 years old)
6:00pm Purple & Blue Juniors	6:15 Green Juniors	6:00 to 6:30 SuperKids (3 & 4 years old)	6:15 Elite	6:00 Basic All Belts	11:00am White & Gold Juniors
Free intro 6:30 6:45 Red & Brown Juniors	6:45 Brown Juniors	6:45 Purple & Blue Juniors	6:45 All Belts Adults	6:30 Elite Tricking Invite only	11:30pm Green to Adv. Blue Juniors
7:15 Black Belt all ages	7:30 Black Belt All ages	7:15 Elite	7:30 Adv. & Elite Adult sparring		12:00 Adv. & Elite Junior sparring
7:45 All Belts Adults	8:00 All Belts Adults	7:45 All Belts Adults	Private lessons apt only		12:45 Red & Above Juniors
Private lessons appointment only					