



ULTIMATE MARTIAL ARTS STILLWATER SCHEDULE

Owners: Dan & Kate Allen

Head Instructor: Mr. Ben Saunders

Effective October 3, 2022 • Check Email and Facebook for Updates

GRADUATION DAY

Graduation is on the 1st Friday of the month

Look at the Graduation Board for times

All classes are canceled on this day

*extra gear required **by invitation only

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00 PM Adv. & Elite Forms	4:00 PM Gold/Green Juniors	4:00 PM Brown/Adv. Brown Juniors	4:00 PM Purple/Blue Juniors	4:00 PM No Belt/White Juniors	9:30 AM SuperKids Preschool Ages
4:30 PM Red/Adv. Red Juniors	4:30 PM Purple/Blue Juniors	4:30 PM Gold/Green Juniors	4:30 PM Brown/Adv. Brown Juniors	4:30 PM Purple/Blue Juniors	10:00 AM No Belt/White/Gold/Green All Ages
5:00 PM Adv. & Elite All Ages Sparring*	5:00 PM No Belt/White Juniors	5:00 PM Purple/Blue Juniors	5:00 PM SuperKids Preschool Ages	5:00 PM Red/Adv. Red Juniors	10:30 AM Red & Above Pre-Test Class**
5:30 PM Brown/Adv. Brown Juniors	5:30 PM Red/Adv. Red Juniors	5:30 PM No Belt/White Juniors	5:30 PM Red/Adv. Red Juniors	5:30 PM SuperKids Preschool Ages	11:00 AM Adv. & Elite All Ages Sparring*
6:00 PM Gold/Green Juniors	6:00 PM SuperKids Preschool Ages	6:00 PM Red/Adv. Red Juniors	6:00 PM Gold/Green Juniors	6:00 PM Brown/Adv. Brown Juniors	11:45 AM Adv. & Elite Flips
6:30 PM Purple/Blue Juniors	6:30 PM Brown/Adv. Brown Juniors	6:30 PM Red & Above Pre-Test Class**	6:30 PM No Belt/White Juniors	6:30 PM Adv. & Elite Teen/Adult Sparring*	12:15 PM Adv. & Elite Theme Class
7:00 PM <i>*45 Minute Class*</i> All Belts Teens/Adults	7:00 PM Adv. & Elite All Ages Sparring*	7:00 PM <i>*45 Minute Class*</i> All Belts Teens/Adults	7:00 PM <i>*45 Minute Class*</i> All Belts Teens/Adults	7:15 PM <i>*45 Minute Class*</i> All Belts Teens/Adults	1:00 PM <i>*45 Minute Class*</i> Open Mat All Ages
Black Belts All Ages	7:30 PM <i>*45 Minute Class*</i> All Belts Teens/Adults	Black Belts All Ages	Black Belts All Ages	Black Belts All Ages	
	Black Belts All Ages				