



# UMA Stillwater Schedule

**Effective June 1, 2023**

**Owners: Dan & Katelyn Allen**

**Head Instructor: Mr. Benjamin Saunders**

**Office Assistants:**

**SuperKid Instructor: Ms. Izzy Allen**

**Ms. Lexi Allen & Ms. Rachael Norman**

**Assisantant Instructor: Z. Allen**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00 PURPLE JUNIORS	4:00 GOLD JUNIORS GREEN JUNIORS	4:00 NO/WHITE JUNIORS	4:00 BLUE JUNIORS	4:00 RED JUNIORS BROWN JUNIORS	9:30 SUPERKIDS
4:30 NO/WHITE JUNIORS	4:30 PURPLE JUNIORS	4:30 GOLD JUNIORS GREEN JUNIORS	4:30 RED JUNIORS BROWN JUNIORS	4:30 BLUE JUNIORS	10:00 /GOLD/GREENNO/WHITE/GC JUNIORS
5:00 ADV/ELITE ALL AGES SPARRING*	5:00 NO/WHITE JUNIORS	5:00 BLUE JUNIORS	5:00 GOLD JUNIORS GREEN JUNIORS	5:00 PURPLE JUNIORS	10:30 PRETEST INVITE ONLY**
5:30 RED JUNIORS BROWN JUNIORS	5:30 SUPERKIDS BLUE JUNIORS	5:30 PURPLE JUNIORS	5:30 SUPERKIDS NO/WHITE BELT JRS.	5:30 GOLD JUNIORS GREEN JUNIORS	11:00 ADV/ELITE ALL AGES SPARRING*
6:00 GOLD JUNIORS GREEN JUNIORS	6:00 SUPERKIDS BROWN JRS. RED/BROW	6:00 RED JUNIORS BROWN JUNIORS	6:00 SUPERKIDS PURPLE JUNIORS	6:00 NO/WHITE JUNIORS	11:45 ADV/ELITE FORMS
6:30 BLUE JUNIORS	6:30 STILLWATER STRIKERS**	6:30 PRETEST INVITE ONLY**	6:30 STILLWATER STRIKERS**	6:30 ADV/ELITE TEEN/ADULT SPARRING*	12:15 ADV/ELITE FLIPS
7:00 BLACK BELTS TEENS/ADULTS	7:15 ADV/ELITE ALL AGES SPARRING*	7:00 BLACK BELTS TEENS/ADULTS	7:15 BLACK BELTS TEENS/ADULTS	7:00 BLACK BELTS TEENS/ADULTS	1:00 OPEN MAT ALL AGES
	7:45 BLACK BELTS TEENS/ADULTS	<b>Monthly Graduation</b>			1:30 SEMINAR
		<b>First Friday of the month-NO classes on this day!</b>			

\*extra gear required \*\*by invite only  
\*Check Email and Facebook for updates

OLD/GREEN